



# IPGA TODAY

NEWSLETTER OF INDIAN PHARMACY GRADUATES' ASSOCIATION



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## Inside :

## From the Desk of President



Dear Friends,

Greetings!!

At the outset I wish all a very happy and prosperous Festival season.

Pharmacy is practiced in a wide range of settings: community pharmacies, hospitals, Long term care facilities, the pharmaceutical industry, and government (FDA, Indian Health Service, Public Health Service) etc.

Basic education coupled with extensive training makes the pharmacist the most knowledgeable health care professional when it comes to medicines and their use. Medicines today have great power to heal and to improve the quality of life for millions of Indians. But medicines also may do serious harm if not taken correctly. This is where the role of the Pharmacist is very important. The Pharmacist is a key health care professional in helping people achieve the best results from their medications.

Digital India is an initiative by the Government of India to ensure that Government services are made available to citizens electronically by improving online infrastructure and by increasing internet connectivity. It was launched on July 1, 2015 by Hon'ble Prime Minister Shri Narendra Modiji. Digital India has three core components, which includes, the creation of digital infrastructure, delivering services digitally and digital literacy.

We firmly believe that if healthcare is to be changed and move to a model where the consumer will have the power of knowledge and will demand better service, more transparency and optimum product quality for the money.

It is indeed very relevant that a One day Annual conference of IPGA is being held Air Force Auditorium, New Delhi on Saturday October 31st 2015 on the theme "Role of Pharmacists in Digital Era". The conference has received a huge response and received many research papers, and organizers have selected only quality papers for inclusion in the proceedings of the conference. It is also a matter of pleasure that in this conference, Prof. S S Agrawal, Founder Vice Chancellor of Delhi Pharmaceutical Sciences and Research University will be honored. I hope that the deliberations in the conference will help researchers from academia and industry and the conference will provide a platform for initiating collaborative research projects.

I on behalf of the executive council members of IPGA formally welcome Hon'ble Chief Guest, respected Guests of Honour, Learned Resource persons, Chairpersons & Co-chairpersons of Local Organizing Committee (LOC) , Trustee members of IPGA Welfare Trust, Executive Council Members of IPGA and delegates for participating in the conference.

Look forward to a Digital India, an aware and informed India and a healthy India.

Atul Kumar Nasa

President – IPGA

President – IPGA

Managing Trustee – IPGA Welfare Trust

Vice President - AIDCOC

New Delhi  
1st March 2016



at Lovely Professional University, Punjab  
on 22nd & 23rd November 2014

The two day 29th annual conference of Indian Pharmacy Graduates' Association was held at the Smt Shanti Devi Mittal Auditorium at the campus of Lovely Professional University, Punjab on 22nd and 23rd November, 2014. The theme of the conference was "Emerging Opportunities in Pharmacy Profession". During five scientific sessions of the conference, eminent speakers from across the country shared their views with the delegates regarding the conventional and unconventional opportunities emerging in the Pharmacy sector. More than 120 delegates presented their research papers on plethora of subjects like covering different thrust areas including Pharmaceutical Technology, Biotechnology, Drug Delivery, Herbal Technology and more.

On day one, all the dignitaries were welcomed by the Local Organizing committee. Mr Atul Nasa, President, IPGA, Dr Vijay Bhalla and Dr Arun Garg opened the local chapter of IPGA at LPU in the brief but impressive e-inauguration ceremony in the presence of an audience of more than 2000. The chapter was started with a membership of sixty graduates which included the faculty, PG students and the UG students. After the inauguration, Mr Nasa motivated the delegates to take the memberships of various professional bodies to excel in their professional careers.

Member of Parliament & Former Lok Sabha Speaker PA (Purno Agitok) Sangma inaugurated the conference. MLA Meghalaya, Mr Conrad Sangma was also present on the occasion. The guests were welcomed by Sh Ashok Mittal, Chancellor, Lovely Professional University and Sh A K Nasa. Congratulating both the organizing bodies of the conference, the Chief Guest Mr PA Sangma praised university set up and massive conference arrangements open heartedly. Being greatly impressed with



the vibrancy at LPU, MP Sangma said: "Encouraged to see the great efforts at LPU, PM Modi's impressive endeavours in foreign countries and as per my perceptions thereof; I am confident in saying that in Asia 21st Century belongs to India." Addressing students in particular, he said: "Under the great vision of your university, you have great opportunities to grab. India has growth in many sectors including pharmaceutical, hospitality, tourism, IT sectors and more. However, we need to identify sectors which are to grow. At present, great attention to Innovativeness, Research & Development is a must for which LPU has already embarked upon. Now, students are required to play an important role in building a self-sufficient India. With the growth of India we all will grow, and for that we all should be a support for such a change." Interacting with the students he told that mismatch between job-market and education has to be connected. He also made students feel proud by saying that India is mighty and powerful country and has great capacity to defend itself. Meghalaya MLA Mr Conrad also interacted with students and talked about corruption issues, working culture in government and

more. In all Mr Conrad was also all praise the University for its facilities and IPGA for its constant efforts towards the betterment of the profession. He specifically appreciated the efforts of the IPGA Welfare Trust. Welcoming the great politicians of the country, LPU Chancellor Mr Ashok Mittal thanked them for their being generous to visit the University. He also shared with the audience the achievements of the pharmacy students and faculty of the University. LPU School of Pharmaceutical Sciences has unmatched infrastructure and facilities to provide the best possible pharmaceutical education to its students through highly knowledgeable faculty. The work done by students & faculty has regularly been recognized at various national & international platforms.

Sh Atul Nasa, in his presidential address, thanked the chief guest and elaborated on the theme of the conference. He also shared that the prime mission of the association is to improve the professional status of pharmacy graduates and to secure their rightful position in the Pharmacy and other allied professions. He spoke about the unparalleled opportunities available to



the present generation pharmacy graduates. Dr Arun Garg, presented the annual report of IPGA which was appreciated greatly by the audience for the giant strides that the organization had made in a period of one year. IPGA awards were conferred upon the nominated awardees by the chief guest, Chancellor, LPU and President IPGA.

The multi-faceted guests also interacted with the students of North Eastern states studying at LPU, who hail from their constituencies. Resource persons during scientific sessions from across the country are Dr Bhupinder Singh Bhoop, Dr M S Rao, Dr Manish Grover, Dr Dhirender Tayal, and Mr P K Jaggi. The inaugural oration was by Prof Bhupinder Singh Bhoop, Chirperson, UIPS, Panjab University, Chandigarh. His words were aimed not only at apprising the students about various opportunities available in the sector but also to dispel any doubts in their minds about the career objects. Dr M S Rao, Senior Vice President, Panacea Biotech Ltd, shared with the students the set of skills required for different kinds of careers in the pharma field. He shared his own experiences to elaborate on the facts. Dr Manish Grover, Director R&D, Abbott Labs, Mumbai suggested the students that they should look beyond the conventional opportunities only. They should try to find a career that suits their

passion. Speaking about the emerging area of clinical research, Dr Dharinder Tayal, Founder and Director of Anovus Institute of Clinical Research, apprised the students about this emerging area. The talks were highly interactive in nature and lengthy deliberations were made on critical issues. The first day of the conference ended with the cultural show-case by the students.

On the 2nd day, the session started with the talk of Mr P K Jaggi who shared his ideas with the delegates regarding the opportunities for the Pharmacy graduates in the area of Cosmeceuticals. The various dignitaries who had arrived from all across the country shared their views with the audience. The winners of the scientific poster session were given their wards by the senior members of the IPGA. The two day conference culminated with a vote of thanks was offered by Dr Vijay Bhalla.

The Congress attracted more than 4,000 delegates this year from all the sections of the pharma fraternity including regulatory department, quality control, hospitals, community pharmacy, academic fields, marketing, pharmaceutical consultants, policy makers, state and central agencies, across the length and breadth of the country including a commendable number of delegates from abroad, thereby, making

it a great place to network.

During the three-day extravaganza, there were 10 symposia; 11 plenary lectures; 3 memorial lectures, viz. B.V. Patel Memorial Lecture, Prof M.L. Khorana Memorial Lecture and Dr K.C. Chatterjee Memorial Lecture; 1 president's symposium; 2 panel discussions – one on Pharma export policy conducted by PHARMEXCIL which deliberated upon the growing importance of Indian pharma market as a global player, and second on Empowering pharmacist – advocating for future directions; 1 students' forum meeting and 1 women pharmacists' forum meeting. Besides this, the IPA conducted the final round of the National Elocution Competition 2013.

The total number of speakers who accepted to deliver their presentation at the Congress were 83 but only 79 lectures were conducted by Indian and international experts in the field of pharmaceutical sciences covering almost all aspects of pharmacy such as CTs, Clinical Research (CR), drug R&D, health, education, herbal products, industrial safety, Pharmacovigilance (PV), Pharmacoeconomics (PE), Pharmacokinetics (PK) and advances in regulatory to name just a few. 147 chairmen/co-chairmen conducted the proceedings of the scientific sessions as



well as evaluated oral & poster scientific presentations of the 65th IPC.

### Welcome Address:

CMD of Mankind Pharma, R.C. Juneja, chairman of the LOC of the 65th IPC, in his welcome address expressed joy at having got an opportunity to interact with professional pharmacists and learn at the grass root level. He said, "Pharmacists play a vital role in boosting the sales of drugs and will also be instrumental in changing the image of India as the generic capital of the world." He also thanked the participants, students and LOC for their support to make 65th IPC a success.

### Inaugural Address:

The chief guest, Dr V.M. Katoch, in his address, emphasized the need for coordination between the associations and the institutions working in this sector to strengthen the regulatory and administrative mechanisms. He added that there was also a need to reach out to the masses to create awareness on the importance of a pharmacist.

### Presidential Address:

Delivering the presidential address, Atul Kumar Nasa said, "There is an urgent need to reinforce and rebuild standards within statutory bodies and to restore the confidence of pharmacy graduates. The quality of education has to be improved by industrial / hospital participation so that the stakeholders are accepted in the global pharmaceutical industry. The regulatory policies of India also need to be harmonized to make India a global leader in the generics market, active pharmaceutical ingredients and other pharma businesses."

He informed, "The empowerment of pharmacists is an entirely new perspective. It is, hence, imperative at this stage that the pharmacy education has a single regulatory control and all powers should be vested with the PCI. It should have complete authority and accountability to improvise the educational standards at all levels. Efforts need to be



augmented to complete this process at the highest level and the Parliament of India to make necessary amendments with immediate effect."

Finally, he concluded his presentation by outlining six major points for empowering the pharmacists of the country.

Quality of pharmacy education need to be improved.

Robust regulations and efficient policies are required.

Suitable amendments in the Drugs & Cosmetics (D&C) Act 1940 & Rules 1945 are essential.

Recommendations of the Mashelkar Committee Report should be implemented.

Strengthening of drug control department is the need of the hour.

Recommendations of Hathi Committee and National Human Rights Commission should be implemented.

### Guest of Honour Address(es):

In his guest of honour address, Dr G.N. Singh, DCGI said, "India currently supply drugs to more than 200 countries and is known for affordable price and high quality. All this is due to entrepreneurs', regulators and scientists of the country." But he warned that challenges remain as India has become a global player in the pharma sector. "We need to address suitably the quality of drugs and ensure

that they are of highest standards." He informed, "After Information Technology (IT) sector, pharma sector has a huge potential to drive the economy of this country and we can achieve this by empowering our pharmacists." He added, "We are committed to patient and animal safety and the year 2014 shall be dedicated to these two issues." Finally, he concluded by mentioning the need to conduct IPC every year. He stated, "Does IPC every year add to the scientific requirements of the pharmacists of the country? ....and if not, then how to address the issue and the periodicity of conducting the Congress."

Seeing the huge gathering at the inaugural venue, S.B. Shashank, guest of honour, remarked, "This is one profession where people are passionately involved with their profession." He added, "This Congress is a wonderful opportunity for all the stakeholders of pharmacy— be it industry, academics or practitioners — all getting a chance to come together and interact."

### Keynote Address:

Addressing the gathering of scientists and distinguished academicians, Dr Ashok K. Chauhan, Chief Patron of 65th IPC 2013, sought their participation to achieve the target of filing 200 patents within 2-3 years and publish papers in

## 29th Annual Conference of IPGA

various peer-reviewed journals. He said, "For growth and development of any nation, the health and wellness of its people is the most important aspect. The theme of this year's Congress is aptly selected as India is now being recognized globally as a fast emerging economic power and the innovative and creative brains of its citizens also in the area of pharmacy and medicine are being applauded and recognized all over the world." He added, "A wide ranging topics from scientific, regulatory and technology to professional practice during the three-day Congress will ensure wide coverage to meet the sectoral interests of all."

### Vote of Thanks:

After the presentation of the awards, Dr Arun Garg, Organizing Secretary of the LOC of the 65th IPC proposed a vote of thanks. Expressing gratitude to Dr V.M. Katoch for inaugurating the annual pharma event and sharing his ideas on affordability of drugs and how to set benchmarks for the profession of pharmacy, he thanked all the dignitaries on the dais, committees of the LOC and Federation of Indian Chambers of Commerce & Industry (FICCI) for making the event a grand success.

### Sectional Scientific Meetings:

The 65th IPC received 1785 abstract papers, out of which only 900 papers were actually presented at this year's Congress. Prof T.K. Ravi was the SSC-Convener, IPGA; and Prof S.S. Agrawal, SSC-Chairman, LOC of the 65th IPC.

A total of twelve topics were covered by the scientific poster papers, which were displayed, as follows: (A) Pharmaceutical technology (567 papers accepted); (B) Medicinal chemistry (198 papers); (C) Pharmacognosy, indigenous drugs, herbal formulations & phytochemistry (188 papers); (D) Pharmacology & toxicology, CR & PV (179 papers); (E) Biopharmaceutics, PK & drug metabolism (119 papers); (F) Pharmaceutical



analysis & QA (228 papers); (G) Biotechnology & biotherapeutics (33 papers); (H) Hospital, community & clinical pharmacy (143 papers); (I) Pharmaceutical education & professional pharmacy (33 papers); (J) Drug regulatory affairs (53 papers); (K) Pharmaceutical management (27 papers); and (L) PE & pharmaco-epidemiology (17 papers).

During the inaugural function of the 65th IPC, the chief guest, Dr V.M. Katoch released the Congress Souvenir. K.T. Raghu Kumar, Chairman of the Souvenir Committee of the 65th IPC was the person responsible for publishing the souvenir in a timely manner. The colourful souvenir listed the messages of the hon'ble Governor of Uttar Pradesh, B.L. Joshi; and other personalities of the pharmacy profession. The annual reports of all the five associations, viz. IPA, IHPA, APTI, IPGA and AIDCOC were published in the souvenir for the information of the delegates.

On the other hand, the CD of Scientific Abstracts was released by Dr G.N. Singh and S.B. Shashank. Like last year, the 'scientific abstract' was available in a CD format, which obviated the need to

print hard copies, thereby reducing the use of paper. The CD was quite informative and served its purpose of enlisting the abstracts of the scientific posters besides the list of reviewers for abstracts in addition to the profile and abstracts of the speakers for the 65th IPC. It also gave details of the scientific programs that were deliberated during the three-day conference.

About 147 poster session chairpersons/co-chairpersons conducted the proceedings on all the three days of the Congress, where the judges evaluated the colossal number of posters displayed for selection of best paper. The arena was packed with the presenters and their supporters. The best paper from each category was selected for oral presentation. The selected 12 papers were announced and certificates presented to the awardees by Mr. Oscar Fernandes, Hon'ble Union Minister for labour and highways, at the concluding session of the 65th IPC on December 22nd. Also, two best papers from each category were selected for poster presentation. The selected 24 papers were also announced.

### BEST PAPERS SELECTED FOR ORAL PRESENTATION 2013



The 12 best papers selected for oral presentation in the following respective categories are as follows:

### PHARMACEUTICAL TECHNOLOGY - A

Divya Soares, Shobhaben Pratapbhai Patel School of Pharmacy & Technology Management, SVKM's NMIMS, Vile Parle (W), Mumbai (A-229-Formulation and evaluation of solid microemulsion system of Ezetimibe).

### MEDICINAL CHEMISTRY - B

Gadkari Yatin, Department of Pharmaceutical Chemistry, Prin. K.M. Kundnani College of Pharmacy, Cuffe Parade, Mumbai (B-37-Designing & development of new scaffolds as novel 5-HT6 antagonists using pharma-cophore, 3D-QSAR and ADME based in-silico screening).

### PHARMACOGNOSY, INDIGENOUS DRUGS, HERBAL FORMULATIONS AND PHYTOCHEMISTRY - C

### PHARMACOLOGY AND TOXICOLOGY, CLINICAL RESEARCH & PHARMACOVIGILANCE - D

Anil Kumar, Pharmacology Division, University Institute of Pharmaceutical Sciences, UGC Centre of Advanced Study, Panjab University, Chandigarh (D-31-Melatonin potentiates the protective effect of Buspirone against immobilization stress: Possible involvement of serotonergic mechanism).

### BIOPHARMACEUTICS, PHARMACOKINETICS & DRUG METABOLISM - E

Angoth B., Department of Pharmacology, University College of Pharmaceutical Sciences, Kakatiya University, Warangal, A.P. (E-45-Evaluation of amphibian model to study the effective permeability co-efficient of CYP3A4 substrates).

### PHARMACEUTICAL ANALYSIS AND QUALITY ASSURANCE - F

Jasoliya J.L., Department of Pharmaceutical Sciences, Saurashtra University, Rajkot, Gujarat (F-153-Method develop-

ment, validation, comparative statistical evaluation of HPLC and HPTLC methods and stability study by HPLC method for simultaneous estimation of Rupatadine fumarate and Montelukast sodium in combined tablet dosage form).

### BIOTECHNOLOGY AND BIOTHERAPEUTICS - G

P. Rahul Kumar Reddy, Department of Pharmaceutical Biotechnology, MCOPS, Manipal University, Manipal, Karnataka (G-3-Optimization of production parameters for T-cell proliferator from selected prokaryotes: A Plackett-Burmann design).

### HOSPITAL, COMMUNITY AND CLINICAL PHARMACY - H

Singhal R., Medical Intensive Care Unit, Fortis Hospital, Mohali, Punjab (H-129-Candidemia – Evolving threat to healthcare).

### PHARMACEUTICAL EDUCATION AND PROFESSIONAL PHARMACY - I

Muhammed Saad A. Moledina, Prin. K.M. Kundnani College of Pharmacy, Mumbai (I-11-Pharmacy – Attenuation of empowerment!).

### DRUG REGULATORY AFFAIRS - J

Bharat Nandaniya, Atmiya Pharmacy College, Ankodia, Sevasi-Koyali Road, Vadodara, Gujarat (J-1-A comparative study of patent filing in developed countries and India: Present scenario, key concerns and challenges).

### PHARMACEUTICAL MANAGEMENT - K

Ahuja M., Amity Institute of Pharmacy, Amity University, Sector-125, Noida, U.P. (K-15-Evaluation of marketing strategies and its impact on Valacyclovir sales).

### PHARMACOECONOMICS AND PHARMACOEPIDEMOLOGY - L

Rajat Rana, Department of Pharmacy Practice, Rajah Muthiah Medical College & Hospitals, Annamalai University, Tamil Nadu (L-13-Pharmacoeconomics of cardiovascular disorders & its impact in patient's quality of

life & therapeutic outcomes).

**Certificates were presented by Mr. Oscar Fernandes at the same function.**

### Meetings of Associate Organizations of IPGA:

All the federating bodies of IPGA, i.e. IPA, APTI, IPGA, AIDCOC and IHPA convened their council meetings at the end of lectures on the second day, i.e. on December 21, 2013 of the Congress. All the members belonging to their respective associations participated in the meetings and took stock of the year-long activities and agenda was set for the forthcoming activities as well.

### CONCLUDING SESSION:

The chief guest of the valedictory function, held on December 22nd, was Mr. Oscar Fernandes, Hon'ble Union Minister for Labour and Highways. Other important dignitaries present on the dais were: Atul Nasa, President of 65th IPC; B.N. Singh, Guest of Honour and Managing Director of Alkem Labs Ltd.; Dr B. Suresh, President, PCI; Dr Ashok K. Chauhan, Founder President-Amity Group of Universities; Prof S.S. Agrawal, Chairman-SSC and Pro- Vice Chancellor of Amity Group of Universities; B.R. Sikri, Advisor, LOC; R.C. Juneja, Chairman of the LOC; Dr T.K. Ravi, Convener- SSC of IPGA; Dr T.V. Narayana, hon. General Secretary, IPGA; and Dr. Arun Garg, Organizing Secretary, 65th IPC.

Prafull D. Sheth and G. Dharamdatta were unanimously elected as members of the subject committee of IPGA for the 65th IPC. Other two members nominated by the IPGA Council during the inaugural session of the Congress on December 20th were S.L. Nasa and Dr M.D. Burande.

### RESOLUTIONS

The 65th session of the Congress concluded its deliberations on December 22nd, after passing the three resolutions, during the open session.

### Presence of pharmacist essential for dispensing medicines

The resolution proposed by Prafull D. Sheth and seconded by Dr C.G.K. Murty, Mrs Manjiri Gharat & Satish Shah was passed and approved in the 65th IPC 2013 held at Noida NCR. The resolution states:

The pharmacist is a formally qualified health professional who is trained in handling prescriptions and medicines. One of the important provisions of the D&C Act 1940 & Rules 1945 is that, "The supply, otherwise than by way of wholesale dealing, of any drug supplied on the prescription of a Registered Medical Practitioner shall be effected only by or under the personal supervision of a Registered Pharmacist." Furthermore, provision of the Pharmacy Act 1948 is that "no person other than a Registered Pharmacist shall compound, prepare, mix or dispense any medicine on the prescription of a medical practitioner." This means that it is mandatory for a Registered Pharmacist to be present in the pharmacy / medical stores throughout its working hours and dispense medicines.

Unfortunately, in India the situation is pretty bad, some of the facts are:

A pharmacist is not always present in the pharmacy / medical store (situation

vary from region-to-region, state-to-state and pharmacy-to-pharmacy).

Officially many pharmacies / medical stores show that they have a Registered Pharmacist, but this is only on paper. The pharmacist may not be always present, and many times the certificate of one pharmacist is displayed in more than one pharmacy.

Even if each pharmacy has one pharmacist exclusively to itself, at times, the pharmacy remains open / sells medicines beyond the working hours of the pharmacist, in his / her absence.

Similar situation exists in the rural medical dispensaries.

### BEST POSTER PAPER AWARDS 2013

During the valedictory function on December 22nd of the 65th IPC, Prof T.K. Ravi, SSC Convener of IPGA, announced the best poster paper awards. The two best poster awards announced in each category are as follows:

#### PHARMACEUTICAL TECHNOLOGY - A

First prize: Pai Raikar E., Department of Pharmaceutics, K.L.E.U's College of Pharmacy, Belgaum, Karnataka (A-37-Formulation and characterization of Carbamazepine kinetically stable emulsion for intranasal drug delivery).

Second prize: Jamiluddin Fakhruddin, Centre for Novel Drug Delivery Systems,

Department of Pharmaceutical Sciences & Technology, Institute of Chemical Technology, Mumbai (A-527-Evaluation of lipase inhibitory activity of various Orlistat formulations and excipients).

#### MEDICINAL CHEMISTRY - B

First prize: Raghuram Rao, Medicinal Chemistry Division, University College of Pharmaceutical Sciences, Kakatiya University, Warangal, A.P. (B-137-Microwave-assisted synthesis, homo-logy modeling and evaluation of some novel thienopyrimidines as adenosine receptors antagonists).

Second prize: Sucheta, Medicinal Chemistry Division, Hindu College of Pharmacy, Sonapat, Haryana (B-144-Synthesis, chemical hydrolysis and biological evaluation of mutual prodrugs of 2-(2,3-dimethylphenyl) amino benzoic acid).

#### PHARMACOGNOSY, INDIGENOUS DRUGS, HERBAL FORMULATIONS AND PHYTOCHEMISTRY - C

First prize: Kaur P.K., University Institute of Pharmaceutical Sciences, UGC Centre for Advanced Studies, Panjab University, Chandigarh (C-170-In vivo assessment of the isolated shanzhiside esters from an ayurvedic plant *Barleria prionitis* linn.).

Second prize: Kumar D., Department of Pharmaceutical Sciences and Drug Research, Punjab University, Patiala, Punjab.



Public awareness program on

## "Prevention of Microbial Resistance to Antibiotics"

Jointly organized by IPGA and RDCA-Delhi Held on Sunday, 22nd March 2015

At FICCI Federation House, Tansen Marg, New Delhi-110002

Half day public awareness program was organized by Indian Pharmacy Graduates' Association in collaboration with Retailers and Distributors Chemists Association, New Delhi on Sunday March 22nd 2015 at FICCI Federation House, Tansen Marg, New Delhi.

All the retailer and distributors of NCT Delhi were invited to participate in the interactive and participative session on one of the most burning issue of today "Prevention of Microbial Resistance to Antibiotics". More than 250 retailers from across the Delhi NCR along with persons from Drugs Control Department and Educational Institutes attended the awareness program.

The programme commenced with briefing of all the delegates by Dr Arun Garg, Secretary, IPGA about the awareness program and its importance. Later Dr Garg invited all the dignitaries on the dais.

Mr Atul Kumar Nasa, President of IPGA and Managing Trustee of IPGA Welfare Trust in his inaugural address stressed upon the need of careful and restricted use of Antibiotics. Mr. Sandeep Nangia, President, RDCA- Delhi thanked IPGA for organizing such program and touched the issue of online pharmacy and its legal validity of dispensing drugs.

Mr Pawan Kumar Jaggi, Ex Head of Office, Drugs Control Department, NCT Delhi and Chief Executive Pharmacy-



Delhi State Cancer Institute, Delhi chose to discuss Schedule H, Schedule H1 and Schedule X of Drugs and Cosmetics Rules, 1945. Mr Jaggi in his excellent presentation informed the delegates about the important implications of the Drugs Act and Rules. He also discussed various Do's and Don'ts for the Pharmacists and recommended all the retailers as well as wholesalers of drugs to adhere to the statutory provisions to avoid penalization. He gave few illustrations to explain his point of view.

Mr P P Sharma, Ex- Deputy Drugs Control, Drugs Control Department, NCT Delhi in his presentation informed the august gathering that Microbial Resistance is a great threat to the society and is a matter of global concern. Mr Sharma discussed in a very lucid manner various Do's and Don'ts to prevent Microbial Resistance to Antibiotics. He informed live stocks in poultry industry and veterinary usage of antibiotics are also one of the major contributing factors beside others.

In the open session many participants raised different issues relating to

pharmaceutical trade which were ably handled by the experts in the field to the satisfaction of all concerned.

Mr Vijay Bhalla, Treasurer, IPGA in his vote of thanks, thanked all the participants, resource persons, executive members of IPGA, RDCA as well as management of FICCI. Mr Kamal Mehrotra from RDCA thanked IPGA for organizing this event and suggested that there should be many more such awareness programmes in the future too for the benefit of all concerned.

Every participant was provided with Posters for displaying in their pharmacies and hand out pamphlets for distribution to general public. The programme proved to be a great success.



## Indian Pharmacy Graduates' Association, Bihar State Branch Annual Report 2014-15

### OFFICE BEARERS :-

President - Hemant Kumar Sinha

Vice President - Binod Kumar  
T.P. Gupta

Hon.Gen.Secretary - Shripati Singh

Treasurer - Nand Kishore Prasad

Jt. Secretary - S. K. Singh Shashtradhar  
Sunil kumar sinha

Internal Auditor - Vijay Kumar

Members - Subhash Kumar,  
Madhusudan Kumar, Shailendra Kumar,  
S. K. Singh Sanjay, Ranjeet Kumar, A. S.  
Watsa

**Executive Committee Meetings :**  
Executive Committee meeting of the Association was held SIX times in a year to discuss the different current issues.

**HOLI MILAN SAMAROH :-** Holi Milan samaroh was held on 15.03.2014 after the EC Meeting at the premises of m/s Asklepiose Remedies Pvt., Ltd., Rukanpura, Patna. Members participated with their families, enjoyed the Rang – gulal and jokes of Binod Babu.

**WORLD PHARMACIST DAY :-** The World Pharmacist Day was observed on 25.09.2014 with the Pharmacists at "Patna Medical College and Hospital" ( PMCH ) Patna. Sri Binod Kumar, Vice President IPGA Bihar Branch welcome the participating Pharmacists. Sri Vishwanath Singh, President Bihar Chikitsa & Jan Swasthya Sangh presided over the function.

Sri Shripati Singh Hon. Gen. secretary IPGA Bihar Branch said that Pharmacists have to play their important role not only as patient councilors but

also as a good Drug store personnel. Dr. R. S. Thakur, Kruppanidhi College of pharmacy Bangalore graced the occasion and expressed his views.

Sri Dhananjay Kumar Pandey, pharmacist PMCH, Shailendra Kumar and other pharmacists also express their views.

Sri B. K. sahu, President Bihar State Pharmacy Council conducted the proceedings and Balkisun Mehta delivered the Vote of Thanks.

### 53rd NATIONAL PHARMACY WEEK ( NPW ) CELEBRATIONS : - The 53rd NPW –

2014 ( 16 -23 Nov ) was celebrated to propagate the message of the slogan of the year "RESPONCIBLE USE OF MEDICINE – ROLE OF THE PHARMACIST" among the people and to remind the State Government to give the proper attention on the issues relating to the Pharmacists.

16.11.2014 - SILENT PHARMA RALLY :- Silent Pharma Rally was organized from J.P.Golumber Gandhi Maidan Patna to Patna Jn. The participants Pharmacists were carrying play cards in their hands bearing the years slogan of NPW.

19.11.2014 – NPW SEMINAR :- The opening seminar was inaugurated by lighting of the lamp at the Auditorium of "Arvinda Mahila College" Patna to propagate the massage of the slogan of 53rd NPW among the Girls students and the Faculties members of the College on 19.11.2014.

Sri Binod Kumar, senior Vice President of the association chaired the Seminar. In his welcome address Sri Kumar emphasized that one must take CASH MEMO while purchasing

the medicine and should ask the Pharmacist at the counter about safe use of the medicine.

Sri Shripati singh, Hon. Gen. secretary of the Association and the Joint director Industries Deptt., Bihar Govt. in his key note address on the slogan of the year "RESPONCIBLE USE OF MEDICINE – ASK YOUR PHARMACIST" said that the Allopathic medicines are very potent and it may harm you if not taken properly. He cautioned to avoid the self medication particularly the antibiotics because the antibiotic resistance is posing the big challenge in the treatment of the patients.

Dr. P.K.Verma, Principal of the College was Chief guest on the occasion. He appreciated the Role of pharmacists in the Health Care system and thanks the

Association for organizing such a useful seminar in his college.

Sri Nand kishore Prasad, treasurer of the Association and the MD, m/s Asklepiose Remedies Pvt., Ltd., delivered his talk on the Drug – Drug Interaction and the Drug – Food interactions by citing several relevant examples.

Sri Y. K. Jaiswal, Ex – Drug Controller Bihar, Sardar Jagjeet singh, Rtd. ADC, Bihar, Sri Madhusudan Kumar, MD, Gleen Medicose, Prof. Shailendra Kumar, Sri S. K. Singh Sanjay, A. S. Watsa expressed their views regarding responcible use of the medicines.

Dr. Sanjay Agrawal, Prof. Smt. Usha Jha and Prof. Smt. B. Maurya of the College also spoke on the occasion.

Sri S. K. Singh Shashtradhar, joint. Secretary of the association conducted the proceedings and delivered the Vote



## Indian Pharmacy Graduates' Association, Bihar State Branch Annual Report 2014-15

of thanks. He told that there is very important role of the Pharmacists in the Health Care System starting from Drug manufacturing, Testing for quality, quality assurance, marketing, proper storage, dispensing to the Patient Counseling.

27.11.2014 – seminar at GPI Patna :- A seminar was organized at the Government Pharmacy Institute agamkua Patna with the Students of the institute. More than ten students delivered their speech on the slogan. Three students were selected for prizes.

28.11.2014 – Concluding Function :- The concluding function of 53rd NPW was organized on 28.11.2014 after the EC meeting of the association at m/s Asklepiose Remedies Patna.

29th Annual Conference of IPGA at LPU, Phagwara :- Sri Shripati Singh, Jt. Sec. IPGA CEC and Hon. Gen. Secretary Bihar State Branch participated in the 29th Annual Conference of IPGA at LPU, Phagwara on 22nd and 23rd Nov. 2014.

Sri Shripati Singh was honored with the prestigious "IPGA FELLOWSHIP AWARD – 2014" by the Chief Guest Sri P. A. Sangama, MP and Sri Atul Nasa, President of the association

66th Indian Pharmaceutical Congress (IPC) :- Sri Shripati Singh participated in 66th IPC at Hitex City Hyderabad from 23rd to 25th Jan. 2015 with the team of IPGA members namely Vijay Kumar, Nand Kishore Prasad, S. K. Singh Sanjay, Rabindra Kumar and Ashok Kumar. All members were with their spouses.

### ANNUAL REPORT (2014–15)

#### OFFICE BEARERS :-

**President** - Hemant Kumar Sinha

**Vice President** - Binod Kumar  
T.P. Gupta

**Hon.Gen.Secretary** - Shripati Singh

**Treasurer** - Nand Kishore Prasad

**Jt. Secretary** - S. K. Singh Shashtradhar  
Sunil kumar sinha

**Internal Auditor** - Vijay Kumar

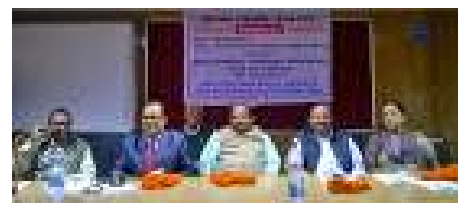
**Members** - Subhash Kumar,  
Madhusudan Kumar, Shailendra Kumar,  
S. K. Singh Sanjay, Ranjeet Kumar, A. S. Watsa

**EXECUTIVE COMMITTEE MEETINGS :-**  
Executive Committee meeting of the Association was held SIX times in a year to discuss the different current issues.

**HOLI MILAN SAMAROH :-** Holi Milan samaroh was held on 15.03.2014 after the EC Meeting at the premises of m/s Asklepiose Remedies Pvt., Ltd., Rukanpura, Patna. Members participated with their families, enjoyed the Rang – gulal and jokes of Binod Babu.

**WORLD PHARMACIST DAY :-** The World Pharmacist Day was observed on 25.09.2014 with the Pharmacists at "Patna Medical College and Hospital" ( PMCH ) Patna. Sri Binod Kumar, Vice President IPGA Bihar Branch welcome the participating Pharmacists. Sri Vishwanath Singh, President Bihar Chikitsa & Jan Swasthya Sangh presided over the function.

Sri Shripati Singh Hon. Gen. secretary IPGA Bihar Branch said that Pharmacists have to play their important role not only as patient councilors but also as a good Drug store personnel. Dr. R. S. Thakur, Kruppanidhi College of pharmacy Bangalore graced the occasion and expressed his views.



Sri Dhananjay Kumar Pandey, pharmacist PMCH, Shailendra Kumar and other pharmacists also express their views.

Sri B. K. sahu, President Bihar State Pharmacy Council conducted the proceedings and Balkisun Mehta delivered the Vote of Thanks.

### 53rd NATIONAL PHARMACY WEEK ( NPW ) CELEBRATIONS :- The 53rd NPW –

2014 ( 16 -23 Nov ) was celebrated to propagate the message of the slogan of the year "RESPONCIBLE USE OF MEDICINE – ROLE OF THE PHARMACIST" among the people and to remind the State Government to give the proper attention on the issues relating to the Pharmacists.

16.11.2014 -SILENT PHARMA RALLY :- Silent Pharma Rally was organized from J.P.Golumber Gandhi Maidan Patna to Patna Jn. The participants Pharmacists were carrying play cards in their hands bearing the years slogan of NPW.

19.11.2014 – NPW SEMINAR :- The opening seminar was inaugurated by lighting of the lamp at the Auditorium of "Arvinda Mahila College" Patna to propagate the massage of the slogan of 53rd NPW among the Girls students and the Faculties members of the College on 19.11.2014.

Sri Binod Kumar, senior Vice President of the association chaired the Seminar. In his welcome address Sri

## Indian Pharmacy Graduates' Association, Bihar State Branch Annual Report 2014-15

Kumar emphasized that one must take CASH MEMO while purchasing the medicine and should ask the Pharmacist at the counter about safe use of the medicine.

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Dr. Sanjay Agrawal, Prof. Smt. Usha Jha and Prof. Smt. B. Maurya of the College also spoke on the occasion.

Sri S. K. Singh Shashtradhar, joint. Secretary of the association conducted the proceedings and delivered the Vote of thanks. He told that there is very important role of the Pharmacists in the Health Care System starting from Drug manufacturing, Testing for quality, quality assurance, marketing, proper storage, dispensing to the Patient Counseling.

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## Report on IPGA Sponsored National Seminar on **“Remodelling The Pharmacy Education In India”** at Jaipur College of Pharmacy, Jaipur (Rajasthan), on Saturday, April 11th, 2015

An IPGA sponsored National Seminar on, 'Remodelling the Pharmacy Education in India' was organized at Jaipur College of Pharmacy, Jaipur on April 11th, 2015. The main objective of the seminar was to discuss about the possibilities that can be made to upgrade the status of pharmacy education in India.

About 750 delegates including teachers, research scholars, pharmacy professionals from Pharma industries and Drug control department and students of various pharmacy colleges, throughout the country participated in the seminar.

The seminar was graced by the presence of following dignitaries on the dais, Dr. P.C. Dandiya Sir, Emeritus professor, SMS medical college, Jaipur (Chief Guest), Dr. Arun Garg, General Secretary, IPGA National Executive Committee, Prof. M.M. Agrawal, Chairman, Jaipur college of Pharmacy, Jaipur, Mr. Ajay Jain, President, IPGA Rajasthan State Branch, Dr. Mukul Mathur, Vice president, IPGA Rajasthan State Branch, Dr. M.S. Ranawat, Vice president, IPGA Rajasthan State Branch, Dr. Rajesh Yadav, General Secretary, IPGA Rajasthan State Branch, Dr. J. S. Bapna, Director, Jaipur College of Pharmacy, Jaipur and Dr. Pankaj Arora, Principal, Jaipur College of Pharmacy, Jaipur.

Seminar commenced with inviting the guests on dais, saraswati vandana, traditional auspicious lamp lightening, and felicitations of distinguished guests on the dais and off the dais. The inaugural ceremony was presided by Prof. M.M. Agrawal, Chairman, Jaipur college of Pharmacy, Jaipur.

Dr. Pankaj Arora, Principal, Jaipur College of Pharmacy, Jaipur and convener of the seminar welcomed all the dignitaries and briefed them about

the seminar. He shared that through this seminar a message will be conveyed to the top level bureaucrats and policy makers of India i.e. remodeling the pharmacy education in India is the need of the hour and a master plan with an international perspective and its immediate implementation is the only solution.

About 200 scientific abstracts were selected for poster presentation across the cross section of the country. Dignitaries on the dais were requested to launch the CD of conference proceedings. Dr. J. S. Bapna, Director, Jaipur college of Pharmacy, Jaipur proposed Vote of Thanks of the Inaugural Function. The inaugural ceremony was concluded with National anthem.

The scientific session was full of ideas and inspirational thoughts of eminent speakers. Dr. P.C. Dandiya shared his thoughts on "Present pharmaceutical scene in India". Mr. Vinod Kalani, President, Rajasthan Pharmaceutical Manufacturers Association talked about "Indian Pharmaceutical Industry: current scenario". Mr. Rajesh Madan, Executive Director, Medicamen Biotech Limited conveyed his ideas on the topic "Remodelling Pharmacy Education in line with Industry Expectations". Mrs. Aprajita Takiar, Managing director and Technical Director, Lark Laboratories (India) Ltd. presented her views on the topic "Coordination of curricular of pharmacy with industry team". Mr. P. K. JAGGI, Chief Pharmacy Executive at Delhi State Cancer Institute shared his views on his topic on "Herbal cosmetics: Aspects relating to manufacturing and regulatory control". Dr. Pankaj Arora presented an extension of honour to different eminent speakers.

During valediction it was announced

that different activities were organized by the IPGA, Rajasthan state branch, along with this seminar such as Quiz Competition, Essay Competition, Slogan Competition and Scientific poster competition. Dr. Vinesh Kumar, Joint Secretary, IPGA Rajasthan State Branch presented a report on these various activities performed along with the seminar. Dr. Pankaj Arora presented an extension of honour to evaluators of different competitions. Winners of different competitions were also awarded.

Dr. Namita Arora, Organizing secretary of the seminar acknowledged the great support and cooperation of each and every one for creating a milestone in the IPGA world. Dr. Pankaj Arora proposed Vote of Thanks, appreciation and gratitude to all those who made this event a memorable one.

This seminar will definitely create awareness among all pharmacy professionals that remodeling the pharmacy education in India is the need of 21st century.

## High Sugar Levels In The Morning

The sugar levels high in morning is a common problem for the Diabetics. Most of the diabetic patients when check their morning reading, it ranges from 120 to 140 mg/dl and rest of the day it is within the normal range. The patient starts blaming the dinner he had last night or the bad control of the medicine he is taking. For waking up with high glucose reading the culprit is the imbalance of hormones that work to control blood glucose levels.

The different hormones which monitor glucose levels are:

**INSULIN**- are made in the beta cells of pancreas and helps body to use glucose of the food.

**AMYLIN**- secreted from beta cells of pancreas slows down release of glucose into blood stream after eating. **INCRETINS**- secreted from intestines increases release of insulin after food. **GLUCAGON**- are made in alpha cells of pancreas and breaks down glucose stored in liver and muscles for energy when we are not having sufficient glucose from the food.

Over night the liver and muscles get the message of excess glucagon and as the person is sleeping and not eating so it needs glucose from stored sources in liver and muscles. There is not enough Incretin, Insulin or Amylin hormones to meet this excess demand therefore throws this feed back loop out of whack. Those on high fasting, results in hormones imbalance and high sugar levels in the morning. Therefore diabetics are advised to take small meals after short intervals. Diabetics should never do fasting.

If you are also a patient of hypertension and taking the BP control medication then your blood pressure drops in the night. This releases the stress hormones to bring the BP down to safety zone and

this raises the blood sugar level and a high result in the morning.

**DAWN PHENOMENON** –the insulin requirement is low at midnight to 3 am (morning) when you are having sound sleep. The insulin or tablet taken at night causes blood sugar to drop sharply between 3 am to 7 am. Your body at this point churns out the stored glucose for the upcoming day and also releases hormones to reduce insulin sensitivity. The growth hormones, cortisol, epinephrine and non epinephrine hormones give signals to liver to release glucose. This gives burst of energy and a raised glucose level. Also the effect of insulin or tablet wears out in the morning and this results in high sugar readings.

**SAMOGYI EFFECTS**- It is also known as 'rebound hyperglycemia'. Between 3 am and 4 am the blood sugar drops too low and gives alarm to the body. This increases your hormones release and raise sugar levels. After this happens the body becomes more insulin resistant for several hours afterwards. This will happen if your night dose of insulin/tablet is high, early dinner or not taken bedtime snack.

How to know that which is effecting the high sugar levels in the morning. For this we have to check the sugar levels between 3 am to 4 am for few nights. If the level is low then it is Samogyi Effect, high or normal then Dawn Phenomenon. And if the morning sugar level is higher then at 3 am, it is called Waning Insulin. In this insulin level goes down and no longer helps to check the elevated sugar levels.

### HOW TO CORRECT MORNING HIGH LEVELS OF BLOOD SUGAR

○ Change time of medication so that the peak levels match sugar levels rising after food. Eat lighter breakfast.

Increase morning dose of your medications. Change your insulin to 'Basal'. Eat more carbohydrates in lunch. Go for night walk (one hour after dinner). Increase physical activity at day time. Eat 10 gms of slow release carbohydrate before bed time. Metformin at night helps to control dawn phenomenon. Use of Sulfonylureas drugs for diabetes like glipizide, glimepiride, glyburide can have high morning sugar levels. Protein rich diet with low carbohydrate at dinner raises the blood sugar levels in morning. A cup of coffee/tea in the night increases insulin resistance and stimulates release of adrenaline hormone. This in morning gives rise of 20-30 mg/dl in sugar levels. Alcohol (generally taken at night) reduces the sugar level in blood because the liver is busy breaking alcohol and reduces glucose output into the blood. Alcohol if consumed with rich carbohydrate snacks then the sugar level rises in the morning. Insufficient sleep (less than 7 hours) can increase morning sugar levels by 20%. Stress at night also increases the level of blood sugar. Practice meditation before sleep for better results. Some allergies increase glucose level due to stress hormone Cortisol. Smoking in diabetes can increase insulin resistance and difficulty in controlling the high levels. Medications like Atenolol, Caffeine, Corticosteroids, Glucosamine, Fluoxetine, Levodopa, Niacin, Pantoprazole, Ursodeoxycholic acid, etc can also increase sugar levels.

In conclusion by changing your life style, eating habits and proper use of diabetic medications the morning high sugar levels can be controlled.



## International Conference

## On "Global Trends in Pharmaceutical & Clinical Practices"

Organized By Teerthanker Mahaveer College of Pharmacy  
In Association with Department of Science & Technology, New Delhi  
on February 06-07, 2015.

An international conference on "Global trends in pharmaceutical & clinical practices" organized by Teerthanker Mahaveer College of Pharmacy in collaboration with Deptt. of Science & Technology, Ministry of Science & Technology, Government of India, New Delhi, was scheduled on February 06-07, 2015.

The objective of the international conference was to bring together teachers, researchers, clinicians industrialists and entrepreneurs embarking on pharmacy profession and its applications in patient care, in particular and public health care system, at large. The scientific sessions were designed to circumvent understanding and translating wide range of topics related to pharmaceutical and clinical practices and their concurrent proliferations. Emerging challenges in such areas were deemed to have invoked the necessity of young, dynamic and skilled professionals with versatile approaches to shoulder the vital responsibilities of safeguarding the people of the

society by therapeutic management of drugs, counseling the patients for proper and optimal uses of medicines and monitoring/ modifying the outcomes of such therapies.

Various key resource persons, vested with the credits of making the conference successful, were: S. No. Name Designation Address 01 Dr. S. K. Srivastava Joint secretary and head Northan Regional centre, Botanical survey of India, Dehradun, uttrakhand, India 02 Dr. M.C. Sabu Professor Faculty of pharmaceutical science, UCSI university, Malaysia 03 Dr. Arun Gupta



Head, Medical Affairs & clinical research  
Dabar India Limited, Ghaziabad, U. P.,  
India 04 Dr. Dilip Birdi Vice President,

Q & A Akums Drug & Pharmaceutical  
Ltd., Haridwar, Uttarakhand India 05 Prof  
N. V Satheesh Madhvan Prof. & Director  
Faculty of Pharmacy,

DIT University, Dehradun, Uttarakhand  
India 06 Prof. Preeti Kothiyal Prof. &  
Director Faculty of pharmaceutical  
Science SRRIT, Dehradun, Uttarakhand  
India 07 Dr. Virendra Singh Head,  
Research & Development Lab Himachal  
Institute of life Science,, Ponta Sahib,  
Sirmour, Himachal, Pradesh, India. 08  
Mr. Jay Prakash Mishra Deputy  
Manager, Regulatory Affairs Triputi  
Medicare Ltd & life Science, Ponta Sahib,  
Sirmour, H.P. India 09 Dr. Kumud  
Upadhyay Prof. & Deputy Registrar  
Uttarkhand ayurved university,  
Dehradun, Uttarakhand India 10 Dr. Vikas  
Punetha Principal scientist (regulatory  
affairs) Dabar India Limited, Ghaziabad,  
U. P., India 11 Dr. Anurag Shrivastava  
Prof. & Head, Deptt of community,

Medicine. TMMC & RC, TMU,  
Moradabad, U.P. India

Chancellor Sh. Suresh Jain initiated his  
words from the basic needs of general  
public after independence and focused  
on the vast

proliferating demands of public health  
care system of the concurrent pharma-  
ceutical and clinical arena of the present  
century. He stressed that despite  
unrelenting researches in these areas,  
still an appreciable percentage of  
population remains in scarce from  
availing the health care facilities in  
terms of medicines, patient care, health  
awareness etc.

Hon'ble vice chancellor Prof. R. K.  
Mudgal touched over the problems of  
poor people who are quite unable to  
afford better medications and health  
care. The developing cost of medicines  
and insufficient community recourses  
were addressed as the major challenges  
in percolation of benefits to significant  
fraction of global population.

Founder vice chancellor renowned academican and eminent researcher, Prof R. K. Mittal (Inderprath University, New Delhi) statistically interpreted the significant fraction of GDP earmarked by various countries including India and evoked the young researchers to come up with approaches how to make persons benefitted who belong to lower socio-economic strata.

The chief guest of the function, Dr. R. L. Sharma, focused onto the need of innovative investigations in getting the global recognition for young researchers as well as the Teerthanker Mahaveer University itself.

Dr. M.C. Sabu delivered the key note address to picturize briefly the aims and objectives of this international conference in the context of present scientific arena.

The Director of the institute, Prof. K. K. Jha, while delivering vote of thanks, focused onto the need of minute insightedness towards the concurrent therapies. He also stressed that determination of duration of potent drug therapy must be based on day to day improvement in patients and after certain period, the maintenance therapy should continue with less potent and cheaper medicines.

On day 01 i.e. 06th Febuary 2015, the first technical session included the delivery from Dr. Preeti Kothiyal, Dr. M. C. Sabu and Dr. Anurag Shrivastava.

Dr. Preeti Kothiyal delivered her illuminating talks on patient safety and pharmacist's review for successful pharmacovigilance. She stressed upon the need of educational programmes to increase and to provide positive impact on the overall patient caring process and identify researches deemed mandatory for better understanding and treatment of drug-induced diseases. It was mentioned that pharmacist practitio-

ners must ensure their active involvement in surveillance of drug safety issues in clinical practices. The drug control administration and ministry of health, must recognize the broadened role of pharmacists in pharmacovigilance, develop concise methods for reporting and assign primary responsibility for collection of data provided with necessary tools and compensation.

Dr. M. C. sabu, an international speaker from UCSI University, Malaysia, gave a talk on "Green Tea : A Health Drink" He emphasized that regular but limited use of green tea may play vital role in safeguarding the people from probable infections/diseases such as diabetes, liver diseases, gastric ulcers and even the cancers

of various organs of human body, pertaining to anti-oxidant, antiulcer, hepatoprotective etc actions.

Dr. Anurag Shrivastav, Prof & Head Deptt of Community medicines. Teerthanker Mahaveer Medical College & Research Centre, TMU, Moradabad UP, elaborated minutes of International Health Regulations and its significance in the context of current clinical arena. He enlisted various drawbacks of IHR 2005 and also put forth his views for strengthening national capacity, maintain disease surveillance, early warning and response system regarding viral infections, swine flu and such other air, water and vector born diseases.

The second Technical Session comprised delivery from eminent speakers such as Dr. Arun Gupta & Dr Virendra Singh.

Dr. Arun Gupta, Head, Medical Affairs & Clinical Research, Dabur India Ltd, Sahibabad, concentrated his delivery on regulatory aspects involved in conducting

clinical researches in India & abroad i.e.

US, Europe, Japan Canada etc. He also elaborated regulatory challenges in conducting global clinical trials in India.

Dr. Virendra Singh focused onto the "Pharmaceutical care of patient with infections". He elaborated prudent prescribing to reduce antimicrobial resistance, role of hospital and primary care pharmacists, current MRSA situation and its management including use of antibiotics and risk involved there in.

The Third Technical Session involved poster presentation by the delegates/participants from different institutes located in various states of the country. Around 50 posters on research projects were presented. Dr. Arun Kumar Gupta, Dr. MC Sabu, Dr. Anurag Shrivastav and Prof. Preeti Kothiyal were the jury members.

The fourth technical session did comprise of panel discussion in which Dr. Arun Kmuar Gupta, Dr MC Sabu, Dr. Anurag Shrivastav and Dr. Virendra Singh responded to the queries of delegates and participants. The topic of discussion varied from

domestic to the global scenario in clinical practices related to vulnerable and communicative diseases.

The fifth technical session consisted of oral presentation by the participants. Research scholars from various places presented their research works.

On Day 02, i.e. 07th Feb 2015, the first technical session started with poster presentation at 09:30 am. Delegates/participants performed presentations of their research works. Dr. S. K. Shrivastav, Mr. Jai Prakash Mishra and Dr. Dilip Birdi were the jury members to evaluate the same.

The second technical session of the day included deliveries from invited speakers of eminence. Dr. S. K.

Shrivstava, Dr. Dilip Birdi, Prof N. V Satheesh Madhav, Mr. Jay Kumar Mishra and Dr. Kumud Updhyaya presented their talks.

Dr. S. K. Shrivastava, Joint Secretary, Botanical Survey of India, presented an overview on "Medical Plant Diversity & Conservation strategies in Uttarakhand". He elaborated the wealth of traditional knowledge system related to the use of plant species. The emerging data from the official records of the Botanical sources of India, really invited the attention of young researchers to peep into the gift of nature requiring tremendous scientific exploration of valuable therapeutic substances which may cause no toxicity but better medications to the public.

Dr. Dilip Birdi, Vice President, (CQA) delivered his speech on "Emerging quality approaches in pharmaceutical Industry" with particular emphasis on process Analytical Technology and Quality by design. He put forth the market-statistics with reference to the revenue CAGR. He also elaborated various benefits of implementing quality by design (QbD) in terms of better design of products with less problems in manufacturing, reduction in number of manufacturing supplements needed for post market changes, provisions for implementation of new technology for improved manufacturing without regulatory scrutiny including possible reduction in overall costs of manufacturing with lesser wastage and ensuring less hassle during review-reduced deficiencies with quicker approvals.

Dr. Satish Madhav presented his talk on "Transcranial route: A smart Drug Delivery Platform for Brain Diseases" He narrated that API targeting to the brain is an important and essential task for producing effective therapeutic action on CNS. This could be achieved by suitably designing drug loaded nano formulation and delivering

though transcranial route which is an emerging novelistic drug delivery platform for delivering API to the brain. This novelistic platform offered a unique advantage of minimizing dose, better patient compliance, and minimizing ADR's & side effects of API. The formulations which could be designed for this route includes nanosized loaded in-situ films, bioadhesive Flexi Films, hydro-gel, nanogels, nanoemulgel, nano suspension etc. Conclusively transcranial forehead skin platform could serve as a unique smart platform for delivery of API for effective treatment of brain diseases viz Alzheimer's Diseases, Parkinson, Schizophrenia, Dementia, Epilepsy, Tumors and Brain Cancer.

Mr. Jai Prakash Mishra, ( Deputy manager, Regulatory affairs) Triputi Madicare Ltd, Ponta Sahib, Himachal Pradesh, delivered his presentation on "Regulatory prospects & opportunities for Herbal, traditional, Phytopharmaceutical and Ayurvedic medicines and supplements". He concentrated his views on comparative availability and utility of traditional medicine over rational drugs.













































Dr. Kumud Upadhyaya, Research coordinator, Uttarakhand Ayurved University, delivered a lecture on "Essential oils: promising phytopharmaceuticals". He introduced the audience with the wonderful world of essential oil and their commercial significance and discussed about the distribution of essential oil their significant chemical attributes and how they can be extracted with maximum yield. Presenting the case study, he put forth various pharmacognostic attributes with special significance on their pharmacological activity. He exemplified two commercially important plants of high altitude that were *zanthoxylum armatum* and *Tagetes minuta* focusing onto complete chemical analysis of the essential oil from the fruit of *Zanthoxylum* and flowers of *Tagetes* aptly supported by

GC-MS analysis. He highlighted their significant analgesic antiinflammatory, antioxidant and antimicrobial activities. His presentation was well appreciated by the audience which ended with queries from the delegates brilliantly satisfied by the speaker.

The Third Technical Session included panel discussion chaired by Dr. S.K. Shrivastava and accompanied by Dr. Dilip Bardi, Dr. N.V. Satheesh Madhav, Mr. Jai Kumar Mishra and Dr. Kumud Upadhyay.

There was a valedictory session which started at around 3:00 pm. Following were graded as winners of poster presentation and served with trophies & certificates. S. NO. PARTICIPANT(S) INSTITUTION POSTER TOPIC(S) Rank 1 Deepak Kr Gupta KIET School of Pharmacy, Ghaziabad Neural Stem Cell Therapy For Neurological Diseases And Its Markers: Boon For Scientists I 2 Aashi Jain, M. Srilakshmi & P. Gopika Teerthanker Mahaveer Collage of Pharmacy, TMU, Moradabad Ovarian cancer II 3 Mohd. Adil Tahseen Teerthanker Mahaveer Collage of Pharmacy, TMU, Moradabad Comparative GC-MS analysis of Bioactive compounds in Petroleum ether extract of various parts of *Graptophyllum pictum* III.
































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<b>5510</b> <b>MS SONAKSHI SETH</b> H.No. 134, Sector-15A, Chandigarh-160015		<b>5521</b> <b>MS PREETI</b> VPO-Siwan, Near Dhola Darwaza, Distt-Kaithal-136027		<b>5532</b> <b>Varaganti Nagalaxmi</b> H.No- 4-48/1 Thurkapally Shamirpet Turkapalle Turkapallyadaram. Rangareddy Andhra Pradesh- 500078 Ph: 9912003478		<b>5544</b> <b>DR. GHULAM NABI BADER</b> IRAL-I-PAYEEN, NEAR BUS STAND, DISTT. PULWAMA, KASHMIR-192123 Ph: 01933250280	
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## Minutes of the Executive Council Meeting of IPGA held on Saturday, July 18th 2015

The following members were present :

Mr. S. L. Nasa  
Mr. P. P. Sharma  
Mr. Atul Nasa  
Dr. Arun Garg  
Mr. P. K. Jaggi  
Dr. Bhanu Dua  
Mr. Bharat Bhushan  
Mr. Vijay Bhalla  
Dr. Ajay Sachan

Regret to attend the meeting was received from the following members:

Mr Nitin Deore ( Maharashtra), Dr Arvind Kumar Gupta , Mr Mahinder Singh, Dr Pushpendra Tripathi , Mr Anil Negi, Ms Sumati Randeo , Mr Rajesh Madan, Dr Devender Pathak, Dr Deyvesh Shastree, Ms Surabhi Vohra, Mr. M. N. Rao Gupta, Mr. Utpal Chaudhary, Mr. Dharam Dutta, Dr. Arun Kumar Panda and, Mr. K T Raghukumar, Mr. Atul Nasa, President-IPGA welcomed all the members and specially members from Bihar, West Bengal, Gujrat & Haryana branch. Mr Atul informed that today we need to discuss special agenda of hosting 30th annual conference of IPGA at New Delhi. Mr Nasa wished every member Happy Eid. Mr Nasa invited Dr Arun Garg, Secretary to take up agenda.

Dr Garg welcomed all the members again and took up all agenda items for the meeting-

1. To confirm the minutes of the last Executive Council Meeting of IPGA held on March 28th, 2015 at New Delhi.

The minutes of the last E C Meeting were confirmed with minor corrections

2. Matter arising out of the minutes, if any:

a. RTI against AICTE -The names of Shri S L Nasa, Dr Arun Garg, Dr Javed Ali, and Mr P K Jaggi was approved to proceed further. Mr Jaggi will coordinate the same to retrieve another piece of specific information. Mr Jaggi requested all the members to provide inputs for RTI application.

b. 29th Annual conference of IPGA at LPU: Mr Bhalla informed the house that he has received income expenditure report along with bills as annexure from LPU duly audited by Local branch officials.

c. Meeting with HRD minister Mr P P Sharma requested members to suggest issues to be discussed with Ministry of HRD. House suggested Regulation of PG program and GPAT scholarship as prime agenda.

d. Meeting with Health minister Mr Atul suggested that a delegation of IPGA may meet Hon'ble Union Minister for Health & Family Welfare, Shri Nadda to address him to amend the Rules 64, 71 and 76 in favour of Pharmacists and the Pharmacy Graduates.

e. Dr Garg informed that IPGA has enrolled 299 members in 2012, 97 in 2013, 1`21 in 2014 and 150 members till date in 2015. House suggested reactivating various state branches.

f. Mr S P Singh from Bihar state apprised the house that out of 225 listed members 189 members are traceable and 110 members are updated with e. mail IDs and 170 members with correct mobile contact numbers. 41+2 member's details were missing. While 9 members (5636-5644) have not received LM certificates from HQ. The issue was directed to Mr Pradeep and Mr Kishan to update and make necessary corrections in record.

g. Mr Gautam Sen & Mr Tapan from west Bengal informed that their state branch made efforts to reactivate the branch and had visited various colleges from Feb 15th till April 15th 2015 and made presentation on various opportunities in the profession of Pharmacy. They have identified resource persons from various sectors for making presentations fruitful. They have enrolled 16 new members in IPGA. They plan to inaugurate Sikkim state branch in the month of Jan 2016. Mr Tapan raised an issue to seek clarification from the house that whether B Pharm (Ayush) and/ or Unani can also be enrolled as Life members of IPGA. House suggested to refer constitution and its rules.

h. Mr Puneet suggested that we can

propose to NSDC for skill development program for Pharmacists wherein NSDC has provision to support financially to the Associations. Dr Garg and Mr Puneet will frame strategies to file for the same.

i. New Regulation recommended by PCI w r t Pharmacy practice regulations, minimum of two refresher courses are mandatory for renewal of Pharmacist registration. Dr Dharendra informed that Haryana state is already conducting such program in collaboration with State Pharmacy Council where Haryana state is providing financial support of Rs 10000/- and they are charging Rs 100 each from participants. Mr S L Nasa informed that they are also organizing CME for Pharmacists in East Delhi on 22nd August 2015.

j. The Members suggested to have documentary on IPGA to be played for various Pharmacy institutions. House requested Mr Bhalla to arrange for the same.

3. To discuss on the progress of official website of IPGA & E-Elections of IPGA.

Mr Punit Gupta from M/S Consortium along with his team demonstrated the operation of e-election website of IPGA in three different categories Registration, approved members and eligible voters. The suggestions and FAQ's were informed to Mr Punit for ratification within 3 days.

The house unanimously approved the process of election which is very fair. Right to Contest and vote would be purely for those whose names are appearing in the list of eligible voters.

The house suggested having helpline open for 3 days of voting from admin. Mr Puneet to provide contact details on website. The house requested all the members to mobilize more and more IPGA members to register as eligible voters

4. To discuss the progress of 30th Annual Conference of IPGA at New Delhi:

Mr Atul informed that AIR FORCE Auditorium has been booked for the annual conference for October 31st 2015,

## Minutes of the Executive Council Meeting of IPGA

Saturday.

Mr Atul informed the house that IPGA has paid Rs 160000/- to book the facilities.

Mr Atul requested Mr Pradeep to update IPGA website on this and call for nominations for various IPGA awards. House approved to institute Best state branch / best local chapter award also we f this cleaned year. Mr Bhanu Dua was requested to frame guidelines on this award to be circulated to all state branches / local chapters.

House requested Dr Dharendra Kaushik to organize for cultural competition (college students) during 30th annual conference.

Among resource persons the house suggested to rope in speakers on IT / Digital information in Pharmacy / SAP Computing systems validation and or on bioinformatics.

5. To discuss the proposed activities of the IPGA by the different professional divisions/State Branches of IPGA.

a. The Dates for one day refresher course for working Pharmacists in collaboration with Delhi State Pharmacy Council and / or RDCA will be announced soon. Mr S L Nasa informed that he will discuss in the EC meeting and finalize the date. A letter addressing President RDCA for the same has already been communicated.

b. Dr Dhirender Kaushik to organize seminar at Bhiwani in Haryana in the last week of August

6. Status report of the next issue of IPGA TODAY.

Mr Bhalla informed that he is in process of compilation and will finish the task in 15 days from now. IPGA TODAY will be available on website latest by end August 2015.

7. To discuss about the Membership drive & Resource generation committee  
The house approved the formation of

Udiapur Local Chapter. Dr Kaushik is making efforts for the formation of Maullana- Ambala an Rohtak chapter, Dr Shukla for Ujjain / Sagar. Mr Bedi suggested having one documentary of IPGA of 10-15 minutes duration for the use of all state branches for membership drive. Mr Bhalla was requested to make a video on IPGA.

Mr Atul requested all the members to activate themselves for the resource generation for the next annual conference.

8. State Branches functioning:

Mr Bhanu Dua is in constant touch of all the office bearers of state branches and local chapters. Mr Bhanu informed the house that he has received confirmations from the following branches and state chapters to organize the event. The tentative dates are as follow:

Uttarakhand Brach by Mr G S Bedi – Dec 1st week, Gujrat branch at Gandhinagar by Dr Bhagirath Patel in Sept 2015, West Bengal by Mr Tapan on 21st Nov 2015, Bihar branch by Mr S P Singh on 26th or 27th sept 2015, Dr Pushpendra Tripathi from UP to declare the dates, Dr Dhirender Kaushik in the last week of August 2015 in Haryana.

Mr Bhanu informed that Odisha, Tamil Ndu, Andhra Pradesh, Telangana, Jharkhand, Manipal, Moga, Madurai, Punjab, Goa, Nagpur are not active and non responsive.

Mr Bhanu suggested the house to announce the award for the best performing branch / chapter and to be honored during annual conference. House accepted his suggestions and requested Mr. Bhanu to frame modalities.

The guidelines suggested by Mr Bhanu Dua about formation of various State Branches / Local Chapters were adopted. (pl Check Annexure-1)

9. To discuss the current accounts position of IPGA:-

Mr. Vijay Bhalla informed the members that IPGA has Rs. 186843/- their savings account of HDFC Bank as on 18.07.2015 and the TDS return of quarter ( Apr -Jun-2015) has been deposited on July 11th 2015.

9. Any other matter with the permission of the Chair:

a. The members asked about the status of e-pharmacy, Mr Atul informed that the same will be discussed in the forthcoming DCC meeting to be held on July 24th 2015.

Meeting ended with a vote of thanks to the chair. The tentative date for the next EC meeting will be notified in due course.

### AGENDA

1. To confirm the minutes of the last Executive Council Meeting of IPGA held on 18th July 2015, Saturday
2. Matter arising out of the minutes, if any.
3. To discuss the progress of updating the profile of members and official website of IPGA & E-Elections of IPGA.
4. To discuss the progress of 30th Annual Conference of IPGA at New Delhi
5. To discuss the proposed activities of the IPGA by the different professional divisions/State Branches of IPGA.
6. Status report of the next issue of IPGA TODAY.
7. To discuss about the Membership drive and functioning of state branches.
8. To discuss about resource generation for the Association.
9. To discuss about current accounts position of IPGA.
10. Any other matter with the permission of the Chair.

Meeting ended with a vote of thanks to the chair. The tentative date for the next EC meeting is 26th July, 2014, Saturday.



Dr. Arun Garg  
General Secretary

Copy to: - All E.C. Member

## Proposed Guidelines of The Statebranches / Chapters As Per Point (4) of the Memorandum :

- a) State Branches can be formed in the Capital of the State only or in the Union Territory. Chapters can be formed in any city of India.
- b) The minimum Life members required is 25 for this formation.
- c) Elections of the office bearer will be held after every 2 years for the post of 1 President, 1 Vice President, 1 General Secretary, 1 Joint Secretary, 1 Treasurer, 5 Executive Members.
- d) Life members fees collected from the members will be reimbursed as 50:50 by state branch to center. Chapters will retain 40%, 40% to center and 20% to their state branch.
- e) To hold regular Executive body meetings after every 3 months and to send copy of the recorded minutes to the CEC-DELHI.
- f) The outgoing President will be co-opted as member of the new EC.
- g) To carry out the decided programs of the CEC in the State or in the chapter.
- h) To participate in the events arranged by the association such as Seminar, Conferences, Talks at different places in the country.
- i) One member from each branch/ chapter to be nominated in the Central Executive Body.
- j) The nominated member of the State Branch/ Chapter will attend the monthly CEC meetings and the TA will be borne by the association as per the norms.
- k) The state branches/chapters will put continuous efforts to enroll new members and the applications will be sent to the CEC for approval for enrolment.
- l) You will send quarterly report of the activities of your branch/chapter to the CEC.
- m) The General Secretary and Treasurer will be elected from the city of state branch.
- n) The CEC can add new guidelines for the working and activities and inform the branches/chapters.
- o) In event of any conference or seminar organized by state/ chapter, 25% of the

delegation fees will be reimbursed to the center.

p) The chapters are part of the state branches and state branches are of Center.

### REGIONAL VICE PRESIDENT & JOINT SECRETARY

There will be Five Regions namely as NORTH, SOUTH, CENTRAL, EAST, WEST as per the amendments in the Memorandum Of Association under the head 'COMMITTEE'

### PROPOSED GUIDELINES OF THE REGIONAL PRESIDENT & JOINT SECRETARY

ü The elections for Vice President & Joint Secretary will be held along with the general election of the CEC.

ü The Vice President & Joint Secretary will be member of the CEC representing their regions.

ü They will co-ordinate between the CEC and the State Branches/ Chapters.

ü An active communication will be maintained with the CEC and Branches by e-mail/ postal mails regarding activities and programs of the association.

ü Continuous active membership drive is the major responsibility . In their region they must motivate Graduate Pharmacists to enroll as life members.

ü The other important role is to mobilize funds for any activity of the association taking place in their or other regions.

ü Quarterly report of the region has to be communicated to CEC with regard to seminars/conferences/workshops/lectures held and number of new members enrolled in their region.

ü CEC can add new guidelines for the working of regional Vice President and Joint Secretary and inform them accordingly.

### DRAFT GUIDELINES FOR BEST STATE BRANCH & LOCAL CHAPTER AWARDS

ü Nominations may be invited by publishing in the IPGA TODAY and by putting the call on the website of IPGA.

ü In case no nominations are received, the EC can select any branch /chapter for the award.

ü The award screening committee will have the following members PRESIDENT, GEN. SECT, ADVISORS & CHAIRPERSON STATE BRANCHES

ü If there are more than one nominations, the Award Screening committee will consider with regard to

a. Total number of members in the branch/chapter

b. Total EC meetings held by the branch /chapter in the year.

c. Total number of seminars/workshop arranged in the year

d. Attendance in the CEC meeting by their representatives.

e. Contributions made in uplifting the profession of pharmacy.

ü The award will be given during the annual conference of IPGA.

ü The nominations will be received by the IPGA office and they will forward to the Award Screening Committee.



**Mission**

To aid, assist & finance, establish and run, conduct conventions, scholarships, training, seminars, coaching, placements, consultancies, research projects, and such other activities as may be necessary for upliftment of members of Indian Pharmacy Graduates' Association and for the general public welfare particularly of women, children, senior citizens and handicapped persons of all castes and creeds.

**RECENT SPONSORSHIPS BY IPGA WELFARE TRUST****23-03-2014****Rs. 25,000.00 to Amity University for 19th Annual Congress of the Society of Andrology****23-03-2014****Rs. 25,000.00 Financial Support to Nisha Bhatt for College Fees****08-04-2014****Rs. 25,000.00 to Udyog Development Foundation****04-05-2014****Rs. 25,000.00 Financial Support to Afza Khalid for College Fees****Rs. 25,000.00 Financial Support to Pooja Sharma for College Fees****Rs. 25,000.00 Financial Support to S. Maheswari for College Fees****Rs. 25,000.00 Financial Support to Saloni Dua for College Fees****Trustees**

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**The IPGA Welfare Trust has decided to contribute a sum of Rs. 15000/- for IPGA Welfare Trust sponsored Conference/Seminar/Workshop\* organised by an institute imparting degree course in pharmacy for the welfare of Pharmacy Graduates. (For sponsorship write to the managing trustee : atulnasa@gmail.com with detailed proposal)**

Opinions expressed in IPGA TODAY are those of the authors and do not necessarily reflect the views of Indian Pharmacy Graduates' Association.

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